

Directions: As a dietary supplement take 1 capful which equals 1oz./30ml daily.

Supplement Facts

Serving Size: 2 Tablespoons (1oz./30ml)

Servings Per Container: 32

	Amount Per Serving	%DV
Calories	0	
Carbohydrates	0g	0%**
Sugars	0g	
Vitamin A (from 50% Beta Carotene & 50% Retinol Palmitate)	10,000IU	200%
Vitamin C (as Ascorbic Acid)	750mg	1,250%
Vitamin D (as Cholecalciferol)	600IU	150%
Vitamin E (as d,l-Tocopheryl Acetate & Mixed Tocopherols)	75IU	250%
Vitamin K1 (phyloquinone)	80mcg	100%
Thiamin (as Thiamin Mononitrate) (Vitamin B1)	15mg	1,000%
Riboflavin (Vitamin B2)	17mg	1,000%
Niacinamide	30mg	150%
Vitamin B6 (as Pyridoxine HCl)	10mg	500%
Folic Acid	600mcg	150%
Vitamin B12 (as Cyanocobalamin)	100mcg	1,667%
Biotin	300mcg	100%
Pantothenic Acid	25mg	250%
Choline (from Choline Bitartrate)	25mg	*
Inositol	25mg	*
Calcium (from Calcium Citrate)	150mg	15%
Magnesium (from Magnesium Citrate)	50mg	25%
Zinc (from Zinc Citrate)	15mg	100%
Selenium (from Sodium Selenite)	200mcg	286%
Copper (from Copper Citrate)	1mg	50%
Manganese (from Manganese Sulfate)	1mg	50%
Chromium (from Chromium Amino Acid Chelate)	120mcg	100%
Potassium (as Potassium Citrate)	99mg	3%
Boron (Boron Citrate)	1mg	*
L-Theanine	20mg	*
MSM (Methsulfonylemethane)	150mg	*
Whole Aloe (from Aloe 200:1 Extract)	600mg	*
Rhodiola rosea herb (from Rhodiola 4:1 Extract)	500mg	*
Stevia Leaf Extract	20mg	*
Fruit & Veggie PhytoNutrient Blend	650mg	*
Wolfberry (Goji Berry), Mangostene, Pomegranate Fruit, HiActives Broccoli, HiActives Broccoli Sprouts Extract, Tomato Powder, HiActives Carrot Powder, HiActives Spinach Powder, HiActives Kale Powder, HiActives Brussel Sprouts Powder, HiActives Onion Extract		
Energizer Blend	250mg	*
L-Carnitine, Epigallocatechin Gallate (EGCG) from Green Tea Leaf Extract, Acai Fruit, Glucoranolactone, Schizandra Seed Extract, Eleutherococcus senticosus Root Extract		
Trace Minerals	100mg	*
Calcium, Antimony, Carbon, Copper, Gadolinium, Indium, Lutetium, Nitrogen, Rhenium, Selenium, Terbium, Tungsten, Magnesium, Barium, Cerium, Dysprosium, Germanium, Iodine, Manganese, Osmium, Rhodium, Silicon, Thallium, Vanadium, Phosphorus, Bismuth, Cesium, Erbium, Gold, Iridium, Molybdenum, Oxygen, Rubidium, Silver, Thorium, Ytterbium, Potassium, Boron, Cerium, Europium, Hafnium, Iron, Nickel, Palladium, Ruthenium, Strontium, Thulium, Yttrium, Sodium, Bromine, Chromium, Fluorine, Holmium, Lanthanum, Niobium, Platinum, Samarium, Tantalum, Tin, Zinc, Sulfur, Beryllium, Cobalt, Gallium, Hydrogen, Lithium, Neodymium, Praseodymium, Scandium, Tellurium, Titanium, Zirconium		
Age-Defying Antioxidant Blend	50mg	*
CoEnzyme Q-10, Lutein, Lycopene, Alpha Lipoic Acid, Curcumin, Quercetin, Hesperidin, Nucleotides [DNA (Deoxyribonucleic Acid), RNA (Ribonucleic Acid)], Glucosinolates, Sulphoraphane		

*%Daily Value (DV) not established

** Daily Value is based on a 2,000 calorie diet

Other Ingredients: Triple Filtered Purified Water, Glycerin, VitaVeggie™, Citric Acid, Potassium Benzoate, Potassium Sorbate, Natural Flavors, Xanthum Gum, Calcium Propionate.

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